The SMR Business Meeting Minutes 26-6 June

Welcome

Call to order, Jim R
Date: Monday, Jun. 15, 2026
Time: 8:50
Participants: Number of raised hands declaring their presence at start: 30

The ACA Serenity Prayer

General Guidelines

1. **Call for Service** *(The following attendees offered to be of service)*
   a. Meeting Chairperson - Eric R
   b. Recording Secretary - Jim R
   c. Timekeeper - Nickie
   d. Other *(optional)* - Crissy

2. **Readings:**
   The Suggested Commitment to Service (BRB, pg 601), read by: David S
   The Tradition of the Month, read by: Macy
   The Concept of the Month, read by: Carol

   AUDIO RECORDING . NOT RECORDED

3. **Approval of the Minutes**
   Motion to approve - Crissy; 2nd - Nickie; Unopposed with one abstention

4. **Motion to Adopt the Agenda**
   Motion to adopt – Crissy; 2nd – Macy; Unopposed

5. **Reports**
   - ☑ Treasurer: Kim B
     2026 May Treasurer's Report.pdf [NOTE: CashApp has $179, presently]
     Q: Does our balance include a prudent reserve?
     A: Yes, $350.
     Q: Have we ever set aside money to send a Representative to a face to face WSO Conference?
     A: Before Covid, WSO had face to face Business meetings (ABC) and we began setting money aside to send a Representative, with the hope that the ABCs would resume. They haven't.
   - ☑ Service CoSecretaries: Heather and Macy and friends - Macy
     In need of a Tech Host for Sat Chair for Thurs (after July 9) and Newcomer Greeters needed for Tues and Sun

Q: Upcoming Tech trainings?
A: Tech Host training template in place; no date set. Also, Room Host training is upcoming in July though no date is set

- [x] Communications: Judy in SF (Contact List)
  Monthly updates; 3 - 4 new members per mo. on average
  QWill create a doc
  Q: Do we ever purge the list of old members?
  A: Yes. We are trying to find the right frequency of doing that. Perhaps every other year. In the past the list grew to 400 or so. We update by starting a new list, asking members to add their names, and the old list is archived or deleted. A yearly purge may be too frequent.
  Comment: There was a purge last July and again in October.
  Q: The password used to be changed quarterly. When will we be changing?
  Q: Judy, do you know how to change the password?
  A: Judy - Yes I can change it or ask for help from Wendy (former Webperson)
  C: Historically, with more group involvement and the Zoom Bomber scares we changed the password on the equinox and solstice, at the business meetings by acclimation.

Information Highlights from both Communications Secretary Reports [https://www.acamorning.org/monthly-reports/] and from ACA SMR Business Meeting Minutes [https://www.acamorning.org/minutes/] :

July 19, 2021
Kate. The password has NOT been changed at this time and remains "**Respect**". It can be changed after this meeting if there is ample time to change the slides; I would like to coordinate password changes with whomever updates the slides going forward.

August 12, 2021
The password has been changed to "**Dignity**". Email to committee members on 8/10/21 announced that this change would take place 8/12.

September 19, 2021
The password has been changed to "**Unity**". Notification was sent as email response to the email containing this meeting agenda.

November 12, 2021
CONTACT LIST: Our Contact List is posted on the website in Excel and PDF formats. Both were updated on November 12, 2021. The Contact List currently numbers 409, reflecting all new subscriptions to date.
On May 6, 2021, a "segment" was created in MailChimp that sorts the list by these parameters: "subscribed members who opened one of the last five emails and who also requested to be on the contact list". This established segment is used to update the list monthly. Some editing is required for formatting and any changes requested by members to entries are made before publishing.
The password has not been changed from "Unity", so no notification was sent to Webmaster as no script change is required.

January 17,2022
The password has NOT been changed from "Unity" Next month, however, the slides should be updated

to change the password to "**Wholeness**". (No quotation marks, Capital W)

February 21,2022
The password was changed to "**Love**". This was done in coordination with the new slide for Wednesday and the script update that accompanied the change.

April 18, 2022
Wendy said the contact list is public (to the members of the group), whereas the mailing list is private; people can unsubscribe themselves from the mailing list using the link that is provided in each mail message

May 16, 2022
[Wendy] said the list may have been hacked by someone; to increase security, the password for the contact list will no longer be put in the morning meeting slide and, instead, will be announced during the meeting

January 16, 2023
Lisa & Joy. Written report given and posted on website.
CONTACT LIST: Our Contact List is posted on the website in Excel and PDF formats. To coincide with the changing seasons, the password was changed from "**Recovery**" (fall) to "**Serenity**" (winter) on December 21, 2022. It will next be changed on Spring Equinox, March 20, 2023. In February, we'll be taking nominations for the new password!

April 17, 2023
Communications: Joy and Cynthia.
Written report given and posted on website. Our password changes seasonally. The winter password was Serenity; it changed to **Mindful** around March 21st. It will change again in summer, around June 21st.
There have been no changes to our listing with WSO, and we promote the 7th tradition contributions for WSO funds. There have been no changes to that either. We respond to emails sent to info@acamorning.org
MailChimp who sends our emails has changed their free subscription policy. they used to allow for up to 1,000 emails for free - they have now changed it to 500. Our workaround to this situation is to archive any email addresses of members who have not opened the last 10 emails from us. We have great 'open' rates

Last posting:
March 18, 2024
Communications Secretary position is currently vacant, but a special meeting will be held to vote in a new one soon.
We are also seeking a Co-Secretary to help with Mailchimp.
The Contact List Committee closed the poll and posted results on our News page. We are currently seeking technology options for creating a new list. Results:
https://www.acamorning.org/contact-list-poll/
It's time to change the contact list password when the seasons change on March 19th. What should it be?

MAILCHIMP DATABASE: Since the last meeting:
- Mailing List Subscribers: 881 (+14 new Subscribers)
- Contact List Count: 766 (+8 new Contacts)

- ☐ Webservant: **VACANT**
  NOTE: [Jim] The last meeting of the Healthy Service Support 24/7 (June 7th) had a focus on finding members interested in joining the website team. A good number of members participated and one member in particular exhibited great expertise and willingness. A meeting with the originator of the website, Wendy, is being arranged, focused on the technical aspects of maintaining the site.
- ☑ WSO Representative: Crissy
  Attended the ACA World Service Organization Annual Business Conference.
  Delegates represented 113 meeting groups; 93 Intergroups; and 1 region.
  A group of members from SMR found support in a WhatsApp chat space.
  For more info visit: https://adultchildren.org/business-meetings/
  Issues explored: Changing the Proposal cycles and the Organizations Name Change - ACAD, with implementation plan.
  I am open to having an Alternate Delegate work with me.
  Q: Is there any discussion of returning to an in-person Conference experience?
  A: No, I haven't heard of anything.
  C: The 50th Anniversary of ACA is in 2028 - if there were an in-person ABC, it may be planned for that time.
  NOTE, from Eric: I assisted with Chairing the ABC event and it was my service here that prepared me for being of service at WSO. And our group can know that, beyond financial contributions, we have been instrumental in support the Organization in that way. I encourage everyone to experience at least part of an ABC, an awesome experience.

Motion to extend 15 min, to 9:45 eastern

Other

- ☑ After-meeting Study: Sue - Documentation:
  https://www.acamorning.org/after-meeting-ad-hoc-committee-proceedings-proposal-subject-25-5/
  Questions and comments for the adhoc committee:
  smradhoccommittee@gmail.com

  Discussions completed; final report, the findings of the Committee has been drafted. We are polishing up the formatting.
  We are determining next steps. It is likely that proposals/motions will be a natural outcome of the report.
  C: [Brian2work] Suggestion: utilize the Proposal process for bringing the Report to the members
  C: [Sue] Any suggestions that emerge will become proposals with an opportunity or comment and voting
  C: [Jim] By this time next month the Report will be online receiving comments.
  Q: [Brian@work] Will there be an opportunity to call for amendments?
  A: [Jim] I don't know. The first step is to get the Report out and ask for comments.
  A: [Sue] The report that is coming out is the findings of the Committee. It won't be subject to amendments.
  Q: Will the Report be posted before specific proposals be developed?
  A: [Eric and JJ] What I hear is the Report will be offered and open for comment. And proposals may be generated from the Report and offered through the standard Proposal process.

C: [Jim] Once the Committee has offered their findings in the report, their task will have been accomplished. Proposals for change, based on the report, can be brought by other members and groups of members.

Motion to extend 15 min, to 10:00 eastern

- ☑ Service Structure Adhoc Committee: Maelle
  Group of 4 to 5 members, meeting twice a month.
  We are looking at service structure descriptions with a goal of making service more attractive. Please join us if you have an interest. We were formed as an ad hoc committee.
  One of our tasks, following an online proposal, was to develop a monthly announcement of service needs, to be read aloud daily during the announcements, during the first week of the month.
  Moving away from singular 'elected' positions to a 'team approach'. We are looking toward creating a proposal on this topic so that we may receive comments and suggestions that can guide our work.

6. Current Proposals - Update

There have been no new Proposals recently
No proposals are receiving comments
No proposals are being voted on

7. Old and New Business and Procedural Guidelines

Old Business:

None

New Business:

- Proposal, [David S] to add wording to the script - a reminder to the Tech Host to 'unlock the room'. Example: "With no other announcements, ***I'd like to remind our Tech Host to please unlock the room,*** and I invite you all to . . . ".
  Q: [Eric] Can you offer some background?
  A: [David] There have been instances of members being locked out for extensive amounts of time.
  Q: [Kim] Is this the process for bringing proposals?
  NOTE: While proposals could be brought to the business meeting, the Group has decided to have Motions of substantial change go through our online Proposal Process. https://www.acamorning.org/proposals-smr-business-meeting-practices/
  NOTE: We will return to this next month as old business.

- Proposal, [Katherine] to create a statement for inclusion in the script regarding predatory behavior. This will raise awareness and increase safety.
  Q: [Eric] Are you suggesting a change to the script?
  A: [Katherine] Yes. Read in the main room at the opening of the meeting. As a safety issue I believe it would be better to address this sooner than later.

NOTE: Our group does not have a 'script review with possible edits' every 9 months, as has been stated. Twice in our history we have had a complete review of our script, in 2022 and in 2025 - a process that looked at every sentence and took about 3 months, each time, to

complete. On this schedule we are likely to offer another comprehensive review in the summer of 2028.

At any time, though, a member may offer the proposal of changing our script. This would happen through our online process, as noted above. For example, see, https://www.acamorning.org/motion-26-3-we-love-you/

'9 months' is the waiting period asked to be taken before revisiting and possibly overturning any decision reached through the proposal process.

Corrections to the Minutes: offered and accepted -

The discussion regarding the protocol for making changes or additions to the group meeting script:

- That members expressed differing viewpoints regarding that process.
- That one member suggested the group refer to the governing documents for guidance.
- That the same member requested the discussion be tabled until those documents could be reviewed, and that it be recorded.

Motion to extend 15 min, to 10:07 eastern

Resolution: [Eric] David's Proposal will be revisited next month as old business. Katherin's Proposal will be addressed otherwise, or brought back as new business.

Suggestion: [JJ] That according to our Traditions, a motion at a GC business meeting **that is seconded** is placed on the website for discussion and voting. I suggest that next month these proposals be developed, expressed, seconded and then put on our website.

8. **Announcements**

9. **Adjournment and Closing Prayer, Time -**
   Motion to Adjourn: Brian@work, Seconded : Crissy

   Closing affirmation

   Next meeting: **WEDNESDAY**, July 15th
   Minutes submitted by: Jim R

References:

The ACA Serenity Prayer *(and Long Version)*

God (Higher Power) grant me the serenity
to accept the people I cannot change
the courage to change the one I can
and the wisdom to know that one is me.

❦

Grant me patience for the changes that take time,
An appreciation for all that I have,
A tolerance for those with difference struggles
And the strength to get up and try again
One day at a time.

The Suggested Commitment to Service (BRB, pg 601)

I perform service so that my program will be available for myself, and through those efforts, others may benefit. I will perform service and practice my recovery by:

1. Affirming that the true power of our program rests in the membership of the meetings and is expressed through our Higher Power and through group conscience.
2. Confirming that our process is one of inclusion and not exclusion; showing special sensitivity to the viewpoint of the minority in the process of formulating the group conscience so that any decision is reflective of the spirit of the group and not merely the vote of the majority.
3. Placing principles before personalities.
4. Keeping myself fit for service by working my recovery as a member of the program.
5. Striving to facilitate the sharing of experience, strength, and hope at all levels: meetings, Intergroups, Regional committees, service boards, and World Services.
6. Accepting the different forms and levels of service and allowing those around me to each function according to their own abilities.
7. Remaining willing to forgive myself and others for not performing perfectly.
8. Being willing to surrender the position in which I serve in the interest of unity and to provide the opportunity for others to serve; to avoid problems of money, property, and prestige; and to avoid losing my own recovery through the use of service to act out my old behavior, especially in taking care of others, controlling, rescuing, being a victim, etc.
9. Remembering I am a trusted servant; I do not govern.

The ACA Traditions (BRB, Chapter 19, pg 489)

Tradition 1: Our common welfare should come first; personal recovery depends on ACA unity.

Tradition 2: For our group purpose there is but one ultimate authority – a loving God as expressed in our group conscience. Our leaders are but trusted servants; they do not govern.

Tradition 3: The only requirement for membership in ACA is desire to recover from the effects of growing up in an alcoholic or otherwise dysfunctional family.

Tradition 4: Each group is autonomous except in matters affecting other groups or ACA as a whole. We cooperate with all other Twelve Step programs.

Tradition 5: Each group has but one primary purpose – to carry its message to the adult child who still suffers.

Tradition 6: An ACA group ought never endorse, finance, or lend the ACA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

Tradition 7: Every ACA group ought to be fully self-supporting, declining outside contributions.

Tradition 8: Adult Children of Alcoholics should remain forever non-professional, but our service centers may employ special workers.

Tradition 9: ACA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.

Tradition 10: Adult Children of Alcoholics has no opinions on outside issues; hence the ACA name ought never be drawn into public controversy.

Tradition 11: Our public relations policy is based on attraction rather than promotions; we maintain personal anonymity at the level of press, radio, TV, films, and other public media.

Tradition 12: Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

The 12 Concepts of ACA (BRB, pg 615)

Concept I
The final responsibility and the ultimate authority for ACA World Services should always reside in the collective conscience of our whole fellowship.

Concept II
Authority for the active maintenance of our world services is hereby delegated to the actual voice, the effective conscience for our whole fellowship.

Concept III
As a means of creating and maintaining a clearly defined working relationship between the ACA meetings, the ACA WSO Board of Trustees, and its staff and committees, and thus ensuring

their effective leadership, it is herein suggested that we endow each of these elements of service with the traditional Right of Decision.*

*The right of decision as defined herein refers to:
1) the right and responsibility of each trusted servant to speak and vote his/her own conscience, in the absence of any contrary mandate, on any issue regardless of the level of service;
2) the 12 Steps, 12 Traditions, and the Commitment to Service will be followed by trusted servants in decision making;
3) delegates to the Annual Business Conference are trusted servants and therefore equally guided by the 12 Steps, 12 Traditions, 12 Concepts, and the Commitment to Service;
4) standard practice that decisions made by subcommittees are subject to the authority of the service body which creates its mission and defines its parameters.

Concept IV
Throughout our structure, we maintain at all responsible levels a traditional Right of Participation.

Concept V
Throughout our structure, a Right of Petition prevails, thus assuring us that minority opinion will be heard and that petitions for the redress of grievances will be carefully considered.

Concept VI
On behalf of ACA as a whole, our Annual Business Conference has the principal responsibility for the maintenance of our world services, and it traditionally has the final decision respecting large matters of general policy and finance. But the Annual Business Conference also recognizes that the chief initiative and the active responsibility in most of these matters would be exercised primarily by the Trustee members of the World Service Organization when they act among themselves as the World Service Organization of Adult Children of Alcoholics.

Concept VII
The Annual Business Conference recognizes that the Articles of Incorporation and the Bylaws of the Adult Children of Alcoholics World Service Organization are legal instruments: that the Trustees are thereby fully empowered to manage and conduct all of the world service affairs of Adult Children of Alcoholics. It is further understood that our World Service Organization relies upon the force of tradition and the power of the ACA purse for its final effectiveness.

Concept VIII
The Trustees of the World Service Organization act in this primary capacity: with respect to the larger matters of over-all policy and finance, they are the principal planners and administrators. They and their primary committees directly manage these affairs.

Concept IX
Good service leaders, together with sound and appropriate methods of choosing them, are, at all levels, indispensable for our future functioning and safety. The primary world service

leadership must necessarily be assumed by the Trustees of the Adult Children of Alcoholics World Service Organization.

Concept X
Every service responsibility should be matched by an equal service authority–the scope of such authority to be always well defined whether by tradition, by resolution, by specific job description, or by the Operating Policy and Procedures Manual and bylaws.

Concept XI
While the Trustees hold final responsibility for ACA's World Service administration, they should always have the assistance of the best possible standing committees, corporate trustees, executives, staffs, and consultants. Therefore the composition of these underlying committees and service boards, the personal qualifications of their members, the manner of their induction into service, the systems of their rotation, the way in which they are related to each other, the special rights and duties of our executives, staffs and consultants, together with a proper basis for the financial compensation of these special workers, will always be matters for serious care and concern.

Concept XII
In all its proceedings, Adult Children of Alcoholics World Service Organization shall observe the spirit of the ACA Twelve Traditions, taking great care that the conference never becomes the seat of perilous wealth or power; that sufficient operating funds, plus an ample reserve, be its prudent financial principle; that none of the Conference members shall ever be placed in a position of unqualified authority over any of the others; that all important decisions be reached by discussion vote and whenever possible, by substantial unanimity; that no WSO action ever be personally punitive or an incitement to public controversy; that though the WSO may act for the service of Adult Children of Alcoholics, it shall never perform any acts of government; and that, like the fellowship of Adult Children of Alcoholics which it serves, the WSO itself will always remain democratic in thought and action.

Unity Affirmation *(of SMR)*

Together we can do what we could never do alone.
No longer is there a sense of hopelessness.
No longer must we each depend upon our own unsteady will power.
We are all together now, reaching out for power and strength greater than ours;
and as we join together, we find love and understanding
beyond our wildest dreams.
Keep coming back.